

Eligible unpaid carers encouraged to register for COVID-19 vaccine

Unpaid carers in Carmarthenshire, Ceredigion and Pembrokeshire who are not already registered as a carer with their GP practice are being asked to complete an online registration form if they wish to receive a COVID-19 vaccination.

The Joint Committee on Vaccination and Immunisation (JCVI) has recommended that unpaid carers are eligible for a COVID-19 vaccine as part of priority group 6, subject to certain eligibility criteria. Revised national guidance from the JCVI describes unpaid carers as those who are eligible for a carer's allowance, or those who are the sole or primary carer of an elderly or disabled person who is at increased risk of COVID-19 mortality and therefore clinically vulnerable.

Those clinically vulnerable to COVID-19 include children with severe neuro-disabilities, those who are designated Clinically Extremely Vulnerable (CEV), adults who have underlying health conditions, and those who need care because of advanced age. Eligible carers should be vaccinated in priority group 6.

Anna Bird, Assistant Director of Strategic Partnerships at Hywel Dda UHB, said: "Unpaid carers play a vital role offering care and support and it is in everyone's interest that they are supported.

"For many years now, the health board has built strong links with unpaid carers across our three counties through initiatives such as our Investors in Carers scheme, designed to help organisations focus on, and improve, their carer awareness and the help and support they give to carers.

"There are over 10,000 unpaid carers registered with GP practices or the local authority across Carmarthenshire, Ceredigion and Pembrokeshire but we know there are many more people out there who may not recognise themselves as an unpaid carer and are unaware that support is available for them, including their eligibility for a COVID-19 vaccine."

If you believe you may be eligible, are aged 16 or over and are not registered as an unpaid carer with your GP, please complete this online form <https://hduhb.nhs.wales/healthcare/services-and-teams/carers-information/covid-vaccine-for-unpaid-carers/covid-vaccine-for-unpaid-carers/> to register your details. People without internet access can contact the health board on 0300 303 8322.

Those already registered as an unpaid carer with a GP will be contacted directly to receive a COVID vaccination and do not need to do anything further.

Please wait to be invited for your vaccination and do not contact your GP or health board to ask about your vaccine appointment. You will be contacted when it is your turn, thank you for your patience and understanding.

To find out more about the support available for unpaid carers in Carmarthenshire, Ceredigion and Pembrokeshire please visit <https://hduhb.nhs.wales/healthcare/services-and-teams/carers-information/>

Annog gofawyr di-dâl cymwys i gofrestru ar gyfer brechlyn COVID-19

Gofynnir i ofalwyr di-dâl yn Sir Gaerfyrddin, Ceredigion a Sir Benfro nad ydynt eisoes wedi cofrestru fel gofalwr gyda'u practis meddyg teulu lenwi ffurflen gofrestru ar-lein os ydynt yn dymuno derbyn brechiad COVID-19.

Mae'r Cyd-bwyllgor ar Frechu ac Imiwneiddio (JCVI) wedi argymhell bod gofalwyr di-dâl yn gymwys i gael brechlyn COVID-19 fel rhan o grŵp blaenoriaeth 6, yn ddarostyngedig i feini prawf cymhwysedd penodol.

Mae canllawiau cenedlaethol diwygiedig gan y JCVI yn disgrifio gofalwyr di-dâl fel y rhai sy'n gymwys i gael lwfans gofalwr, neu'r rheini sy'n unig neu'n brif ofalwr unigolyn oedrannus neu anabl sydd mewn mwy o berygl o farwolaethau COVID-19 ac felly'n agored i niwed yn glinigol.

Mae'r rhai sy'n agored i niwed yn glinigol i COVID-19 yn cynnwys plant â niwro-anableddau difrifol, y rhai sydd wedi'u dynodi'n Glinigol Fregus (CEV), oedolion sydd â chyflyrau iechyd sylfaenol, a'r rhai sydd angen gofal oherwydd oedran. Dylai gofalwyr cymwys gael eu brechu yng ngrŵp blaenoriaeth 6. Dywedodd Anna Bird, Cyfarwyddwr Cynorthwyol Partneriaethau Strategol yn Bwrdd Iechyd Prifysgol Hywel Dda: "Mae gofalwyr di-dâl yn chwarae rhan hanfodol yn cynnig gofal a chefnogaeth ac mae er budd pawb eu bod yn cael eu cefnogi.

"Ers blynnyddoedd bellach, mae'r bwrdd iechyd wedi adeiladu cysylltiadau cryf â gofalwyr di-dâl ar draws ein tair sir trwy fentrau fel ein cynllun Buddsoddwyr mewn Gofalwyr, a ddyluniwyd i helpu sefydliadau i ganolbwyntio ar, a gwella, ymwybyddiaeth eu gofalwyr a'r help a'r gefnogaeth a roddant. i ofalwyr.

"Mae dros 10,000 o ofalwyr di-dâl wedi cofrestru gyda meddygfeydd teulu neu'r awdurdod lleol ledled Sir Gaerfyrddin, Ceredigion a Sir Benfro ond rydyn ni'n gwybod bod llawer mwy o bobl allan yna nad ydyn nhw efallai'n cydnabod eu hunain fel gofalwr di-dâl ac nad ydyn nhw'n ymwybodol bod cefnogaeth ar gael iddyn nhw, gan gynnwys eu cymhwysedd i gael brechlyn COVID-19."

Os ydych chi'n credu y gallech fod yn gymwys, yn 16 oed neu'n hŷn ac nad ydych wedi'ch cofrestru fel gofalwr di-dâl gyda'ch meddyg teulu, cwblhewch y ffurflen ar-lein hon <https://biphdd.gig.cymru/gofal-iechyd/gwasanaethau-a-thimau/gwybodaeth-i-ofalwyr/brechlyn-covid-i-ofalwyr-di-dal-ffolder/brechlyn-covid-i-ofalwyr-di-dal/> i gofrestru'ch manylion. Gall pobl heb fynediad i'r rhyngwyd gysylltu â'r bwrdd iechyd ar 0300 303 8322.

Cysylltir yn uniongyrchol â'r rhai sydd eisoes wedi'u cofrestru fel gofalwr di-dâl gyda meddyg teulu i dderbyn brechiad COVID ac nid oes angen iddynt wneud unrhyw beth pellach.

Arhoswch i gael eich gwahodd am eich brechiad a pheidiwch â chysylltu â'ch meddyg teulu neu fwrdd iechyd i ofyn am eich apwyntiad brechlyn. Cysylltir â chi pan fydd eich tro chi, diolch am eich amynedd a'ch dealltwriaeth.

I ddarganfod mwy am y gefnogaeth sydd ar gael i ofalwyr di-dâl yn Sir Gaerfyrddin, Ceredigion a Sir Benfro ewch i [Gwybodaeth i ofalwyr - Bwrdd Iechyd Prifysgol Hywel Dda \(gig.cymru\)](#)