

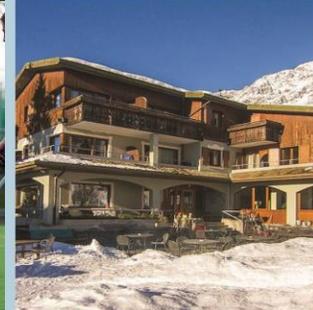
inspireski

The Next Generation in School Ski Travel



Queen Elizabeth High | Ski Trip | 1st – 8th Apr 2023 | Cerler, Spain

Who are inspireski: company overview



- ✓ Established in 2004
- ✓ Sister Company of inspiresport, part of the Destination Sport Group
- ✓ Changing young people's lives through sporting experiences by delivering a unique sports coaching and ski trips
- ✓ In 2019 over 14000 students travelled with us

- ✓ Products developed following extensive research into Best Practice for school sports & ski trips
- ✓ ATOL & ABTA bonded ensuring both financial security and high standard of professionalism
- ✓ Fully assured member of the School Travel Forum
- ✓ Previous Ski and Sport Trips for Boswells School



Health and Safety, Our Top Priority

- Effective Safety Management System
- All transportation must adhere to health and safety regulations
- All accommodation has been visited and approved by Health and Safety auditors and risk assessments completed
- Rapid access to qualified medical expertise (on-site medical facilities in resort as well as hospitals close by)
- Students are under supervision 24/7 for the entire duration of the tour
- An **inspireski** representative available 24-hours a day to assist with your trip. Simmone is our ski rep.



inspiresport[™]
The Next Generation in Team Sports Travel



inspireski

Why go Skiing?



- Experience a new sport / improvement for current skiers
- Visit a new country and culture
- Build friendships and create lasting memories
- Enjoy a once in a lifetime experience
- Ideal learning environment
- Improve an existing skill / Learn an New Sport & physical fitness

- It's FUN!
- Educational & Character Building:
 - 80% of students say they are a more confident person*
 - 84% say their behaviour will be better *
 - 87% felt more confident to try new things*

Our staff

Staff

Party Leader- Mr C Thomas

- Mrs Carol Jones,
- Mr Alex Thomas,
- Mr Rhys Lewis,
- Miss Sophie Jacobs,
- Miss Emily Garrad,
- Mr Joe Hughes
- +1



Destination: Cerler, Spain



Cerler, Spain



Where is Cerler, Spain?



Why are we going to Cerler, Spain?

- ✓ Great for beginners and intermediates
- ✓ High altitude
- ✓ Quiet resort, perfect for school groups
- ✓ Hotel Close to the slopes
- ✓ Hot Lunches and Ski storage



Resort Facts: Cerler, Spain



Ski Facts

- RESORT HEIGHT - 1500M
- HIGHEST SKIING - 2630M
- NUMBER OF PISTES - 8 **GREEN**(Very Easy), 15 **BLUE**(Easy), 22 **RED** (Intermediate), 11 **BLACK** (Advanced)
- LENGTH OF PISTES - 80 KM
- LONGEST RUN - 12 KM
- PISTES - OPEN & TREE LINED
- DIRECTION OF SLOPES - N
- SNOW CANNONS - 50%
- MOUNTAIN RESTAURANTS - 4
- SKI LIFTS - 6 MAGIC CARPETS, 10 CHAIRLIFTS, 4 DRAGLIFTS



Cerler, Spain – Piste Map



Accommodation



Hotel Sno Edelweiss



Accommodation



Hotel Sno Edelweiss

inspireski™

The Next Generation in School Ski Travel



Ski Instruction and Equipment



- Fully qualified local English speaking ski instructors
- Morning and afternoon sessions daily
- Modern ski equipment maintained by qualified ski technicians



Travel Outbound Journey – Day 1



1st April 2023

13.00hrs: Coach pick up at Queen Elizabeth High School, Llansteffan Road, Johnstown, Carmarthen SA31 3NL

13.45hrs: Coach departure time

20.15hrs: Coach to arrive at Dover Port

20.30hrs: Check in at Port of Dover.

22.00hrs Ferry departs for Calais (time to be confirmed)

00.30hrs Ferry arrives in Calais (LOCAL TIME) and transfers to **Hotel Sno Edelweiss**

15.30hrs Arrive at the Hotel Sno Edelweiss for your 5 nights stay on a full board basis. Your **inspireski** representative will meet you on arrival & assist you throughout the trip

17.30hrs: Group to walk to the to Ski Fitters (10 minutes walking)

17.45hrs: Meet with ski fitters

19.30hrs: Group to leave ski equipment by the slope and walk back to the hotel. We recommend keeping ski helmets in rooms!

20.15hrs: Dinner at hotel



Ski - Provisional Daily Schedule (Day 2 – 6)



SKI	•10.00hrs: confirmed)	SKI LESSONS WITH LOCALSKI SCHOOL (Time to be confirmed)
Break	•13.00hrs:	Meet at ski school meeting point.
Lunch	•13.15hrs:	Hot lunch by the slopes
Resume	•14:45hrs:	Group to walk back to the slopes
SKI	•15.00hrs: confirmed)	SKI LESSONS WITH LOCALSKI SCHOOL (Time to be confirmed)
Finish	•17.00hrs	Meet back at ski school. Group to walk back to hotel. Leave ski equipment in the ski lockers at the hotel.
Meal	•19.30hrs:	Evening Meal
Apres Ski	•20:30hrs:	A selection of Apres-ski Activities organised by hotel



Evening Activities



- Pizza Night
- Karaoke/Disco/Fancy Dress
- Quiz Night
- Swimming
- Sledging



Final Day in resort and Return Journey (Day 7-8)

17.00hrs (Day 7) **Ski certificate** presentation on the slopes (*Please confirm with the ski school*)

17:15hrs: **Ski equipment** return (*please liaise the day before with your ski rep in resort*)

17.45hrs: Group to walk back to the hotel (approx. 10 mins)

18.00hrs: Time to freshen up at the hotel (please liaise with your Ski rep the day before).

19.15hrs: Group to collect packed dinner (exact time TBC)

19.30hrs: Time to load the coach.

20.00hrs: Coach departs for Port of Calais

12.00hrs (Day 8): Check-in at Calais Ferry

14.00hrs Ferry departs from Calais to Dover (LOCAL TIME)

14.30hrs Ferry arrives in Dover and transfers to Queen Elizabeth High School, Llansteffan Road, Johnstown, Carmarthen SA31 3NL

21.00hrs Coach to arrive at the school (approximate time)



By the end of the week!



Kit List. Presentation by Peter Owen.



Ski Clothing

- Ski jacket (waterproof of course)
- Ski trousers (or salopettes)
- Sweatshirt/hoodie
- Thermal base layers
- Ski gloves / Handwarmers
- Ski socks
- Neck warmer / Buff
- Goggles
- Sunglasses
- Sun cream

Off the slopes

- Casual clothes
- Snow boots / Walking Boots
- Indoor shoes
- Swimsuit / Swim cap (if applicable)
- Hats and gloves
- Pyjamas/nightwear
- Socks and underwear
- Comfy travel clothes

Necessities

- Passport
- EHIC/GHIC
- Spending money
- Personal toiletries
- Plug adapters
- Mobile phone + charger
- Headphones
- Travel sickness tablets

The Bank system.



Spending Money / The bank.

Each Pupil will need to bring around 20 euros a day.

We will provide a bank for pupils but if you could bring sealed envelopes for each day which includes the daily spending money into school by the **Week beginning 13th March**. Please include the following information on the front of all envelopes-

1.Name

2.The date for each day. Monday the 3rd of April , Tuesday the 4th, Wednesday the 5th, Thursday the 6th and Friday the 7th with some extra for the journey home, including British money.

3.The amount of euros included on each envelope

All money will be kept by the teacher responsible for each group. Pupil will be allowed to access the bank in the morning and evening of each day.

Suggested amount 100 - 120 euros.

Passports and EHIC cards.

- Passports to be collected in two weeks before departure along with EHIC cards. (13th - 17th March. Pupils will ski with EHIC cards in case they need medical treatment
- The passport must have **6 months** before it expires from the date of return (8th December '23)



Code of Conduct



- Cooperate fully with leaders at all times.
 - Fulfill any tasks or duties set prior to and during the visit.
 - Participate fully in all activities and sessions during the visit.
 - Be punctual at all times.
 - Not leave group sessions or accommodation without permission.
 - Not enter the rooms or accommodation of pupils of the opposite sex.
 - Always return to the meeting point or accommodation at agreed times.
 - Avoid behaviour that might inconvenience others and be considerate to others at all times.
 - Respect all requests and requirements made by staff and accompanying adults.
 - Behave at all times in a manner that reflects credit on self, to the party and to the school.
 - Abide by the laws, rules and regulations of the countries and places visited.
 - Be aware of the social / religious conventions of the country and places visited and show appropriate consideration thereof.
 - Comply with customs and duty-free regulations.
 - Not purchase or consume alcohol or tobacco products.
 - If in doubt on any matter, consult with staff.
 - Accept that a full written report of any misconduct may be forwarded to the Head and/or to the parent(s).
- The teachers in charge reserve the right to implement proportionate sanctions for pupils who contravene this code of conduct.

Code of Conduct



REMEMBER THAT YOU ARE REPRESENTING YOUR SCHOOL AT ALL TIMES.

Please remember for the benefit of other guests who may be staying in your hotel that good behaviour is demanded on all occasions.

Do not behave in a way likely to cause damage to property or commit offences to other people

Damage and breakage: On arrival, check room thoroughly, note and report any damage to staff ASAP. Any damage caused to property belonging to the hotel, whether caused wilfully or accidentally will be the responsibility of the individuals involved.

We also ask kindly that pupils using social media do so responsibly.

Schools twitter page to follow each day's events- [@QEHSPE5X60](https://twitter.com/QEHSPE5X60)

What next?



- Pembrey: **Feb 2nd** and **Feb 9th** 2 hour lessons, **4.30 - 6.30 £16.00** per lesson pay on parent pay
- Medical details** and **dietary requirements** need to be noted on xpressions.
- Meeting with parents need to be arranged if pupils need to be administered medication during the trip. (After this meeting please if possible.)
- Medication** to be handed to member of staff on departure.
- Ski fit form** should have been completed on xpressions.
- Pupils to give their **hoodie sizes** in the today or asap.
- Passports, spending money** and **EHIC cards** to be handed in Week beginning **13th March**
- A Reminder will be sent out on xpressions and google classrooms closer to the time.
- Google classroom- **Code** for pupils to join the ski group.
- Presentation will be uploaded onto xpressions.
- Final payments due 31st January.



Any Questions?

- Any questions?
- Thanks for your time!!

